



**Respect   Honesty   Compassion   Resilience   Industry   Courage**

# Reaching My Potential

## A Guide for a More Able Student

## The Market Weighton School - More Able Students

At The Market Weighton School we believe that all children are entitled to an education that will enable them to develop their full potential, be that intellectual, physical, aesthetic, creative, emotional, spiritual or social.

The Market Weighton School is committed to providing a sufficiently challenging curriculum for all its students. In addition, we will provide opportunities to identify and, in turn, nurture those who are more able to aim high, aspire and be successful.

This booklet has been created to ensure More Able students at The Market Weighton understand what they can do to maximise their full potential. This booklet provides information regarding:

- Strategies to meet you full potential.
- Links to engage the More Able
- Subject specific links

### **Strategies to meet your full potential.**

#### Set Goals:

Start by setting clear and achievable academic goals. What do you want to accomplish this year? Having specific objectives will help you stay focused and motivated.

#### Take Responsibility:

Recognize that your education is ultimately your responsibility. Be proactive in seeking out challenges and opportunities for growth.

#### Stay Curious:

Maintain a genuine curiosity for learning. Don't just study to get good grades; explore topics that genuinely interest you.

#### Have a go at the Super Curriculum activities for each subject:

Engaging in super curricular activities will help you develop a love for your favourite subject or subjects. They take the subjects you study in the classroom beyond that which your teacher has taught you

#### Advocate for Yourself:

If you feel that you need more challenging assignments or opportunities, don't be afraid to speak up. Discuss your needs with your teachers and school counsellors.

#### Time Management:

Develop good time management skills. Use a planner or digital tools to keep track of assignments, projects, and deadlines.

#### Self-Directed Learning:

Explore topics outside the classroom. Use resources like books, online courses, and educational websites to dive deeper into your interests.

#### Critical Thinking:

Foster critical thinking skills. Always ask "why" and "how." Try to analyse problems from different angles and seek innovative solutions.

#### Creative Expression:

If you have artistic or creative talents, make time for creative expression. Experiment with different forms of art or start a personal project.

#### Join Clubs and Competitions:

Participate in extracurricular activities, clubs, or academic competitions related to your interests. This can be an excellent way to meet like-minded peers and mentors.

#### Mentorship:

Seek mentorship from teachers, older students, or professionals in your areas of interest. They can provide guidance and share their experiences.

#### Collaborate:

Don't hesitate to work with peers who share your interests. Collaborative projects can be intellectually stimulating and fun.

#### Read Widely:

Read a variety of books, including fiction and non-fiction. Reading widely can expand your knowledge and perspective.

#### Reflect on Your Learning:

Regularly reflect on your academic progress. What have you learned? What could you do better? Self-assessment is a valuable skill.

#### Stay Organized:

Keep your notes and materials organized. This will save you time and reduce stress during exams and assignments.

#### Using Knowledge Organisers effectively:

Knowledge organisers can be utilised to consolidate learning across all subject disciplines. If used appropriately, they can be a valuable tool for More Able students.

#### Balanced Lifestyle:

While academics are important, don't forget to maintain a balanced lifestyle. Get enough sleep, eat healthily, and engage in physical activity for overall well-being.

#### Set High Standards:

Aim for excellence, but also understand that it's okay to make mistakes. Mistakes are opportunities to learn and grow.

#### Stay Informed:

Keep up with current events and developments in your areas of interest. This will help you connect your learning to real-world issues.

#### Seek Feedback:

Welcome feedback from teachers, peers, and mentors. Constructive feedback can help you improve your skills and knowledge. Act on feedback given to them by staff to ensure maximum progress.

#### Using online platforms:

Access the google classroom or other online platforms for each subject regularly to learn work in advance, review learning or access the wide variety of extra challenge activities available

#### Get involved in leadership:

Take signposted opportunities and available to them, e.g. Open evenings, Student council, Head student and peer mentors.

Use our facilities:

Use the library and ICT facilities to enhance and deepen learning opportunities.

Remember, your education is a journey, and it's essential to enjoy the process. Embrace challenges, stay curious, and celebrate your achievements along the way. You have the potential to make a significant impact in your chosen field and beyond.

### Links to engage the More Able

- [BBC Future](#)– A series which explores interesting questions, from ‘What’s the best age to learn a language?’ to ‘Can AI help cure loneliness?’
- [Oxpire](#)– As the ‘[Home of Big Questions](#)’, Oxpire tackles complex ideas and offers a chance for you to debate and think widely across a range of subjects while drawing on the latest research undertaken at Oxford.
- [The Oxpire Book Club](#)– Discover a new book every month until the summer break, and enjoy author profiles, quizzes, videos and more. You will be able to submit your own book reviews for the chance to win prizes and there will be a monthly book chat on Zoom with some very special guests.
- [Ted Talks](#)– Short and fascinating talks discussing lots of bold ideas.
- [Zooniverse](#)– A chance for you to contribute online to real-life research projects.
- [Staircase 12](#)– A hub of resources and information to help you explore your subjects outside the classroom, run by University College, Oxford.
- [My HE Plus](#)– Created by the University of Cambridge, this website helps you to explore subjects beyond the classroom.

### Subject Specific Links for the more curious

- **Art** – [The Louvre](#) -A virtual tour of the Louvre Art Gallery in Paris.
- **Art** – [The National Gallery](#) An online version of the National Gallery’s collections, where you can explore works of art.
- **Biology** [Royal Society of Biology](#)– An educational resources hub from the Royal Society of Biology.
- **Chemistry**– [Royal Society of Chemistry](#) – Chemistry resources, from podcasts to online games.
- **Classics**– [Assassin’s Creed Odyssey](#) – A series of videos exploring the Classical world through the videogame Assassin’s Creed Odyssey.
- **Computing** – [GeomLab](#)– Introduces you to some of the most important ideas in computer programming.
- **Economics** – [Freakonomics](#)– An introduction to economics and policy making.
- **Engineering**– [I Want to Study Engineering](#) – If you’re interested in Engineering, check out these games.
- **Engineering**– [Tomorrow’s Engineers](#) – Activities designed to introduce you to engineering principles and examples of real-life engineering challenges.
- **English**– [The Poetry Foundation](#) – An interactive website bringing poetry to life.
- **English and History**– [Lest We Forget Project](#) – A project aiming to collect and digitally archive First World War artefacts stored in bedrooms and attics across the UK.

- **History** – [Anne Frank Museum](#)– A virtual tour of the Anne Frank Museum in Amsterdam.
- **History** – [British Museum](#)– A virtual tour of the British Museum in London.
- **Geography**– [Royal Geographical Society](#) – Subject resources, including podcasts, online lectures and articles.
- **Modern Languages, Linguistics**– [Creative Multilingualism](#)– Find out how languages open doors to lots of different careers with Creative Multilingualism.
- **Science** – [American National Museum of Natural History](#)– A virtual tour of the Smithsonian National Museum of Natural History.
- **Science** – [Museum of Natural History tour](#)– A virtual tour of the University’s Museum of Natural History.
- **Science**– [Oxford Sparks](#) – An online portal for engaging with the exciting scientific developments happening at Oxford.
- **Mathematics**– [Plus Mathematics](#) – An online magazine aimed at celebrating Mathematics.
- **Modern Languages** – [Duolingo](#)– A resource for studying languages, available both online and as an app. It offers 30 languages and the format means you can study whenever suits you.
- **Music** – [Classical Music](#)– The official website of the BBC Music Magazine, featuring podcasts, reviews and artist interviews.