



## THE MARKET WEIGHTON SCHOOL

### MENU Week 1: Autumn / Winter

	Monday		Tuesday		Wednesday		Thursday		Friday	
<b>Main Course</b> <i>v: vegetarian option</i>	Beef burger in a bun	£1.30	BBQ chicken wrap	£1.95	Steak Pie	£1.50	Ham & cheese pasta	£1.50	Jumbo fish finger	£0.75
	Spanish Chicken	£1.50	Fishcake v	£0.75	Sausage	£0.40	Pizza	£1.30	Chicken Korma	£1.50
	Cheese Pasta v	£1.30	Tomato pasta bake v	£1.30	Veggie lasagne v	£1.30	Chicken fillet in a bun v	£1.50		
<b>Carbohydrates</b>	Potato wedges	£1.25	Hash browns	£1.25	Mashed potatoes	£0.65	Potato wedges	£1.25	Naan bread	£0.50
			Baked beans	£0.85	Roast Potatoes	£1.25			Chips	£1.30
					Yorkshire Pudding	£0.20			Baked beans	£0.85
									Rice	£0.60
<b>Vegetables/ Salad</b>	Peas carrots	free	Sweetcorn, broccoli	Free	Cauliflower Carrots	free	Peas Carrots	free	Peas	free
<b>Desserts</b>	Selection of fruit	£0.40	Selection of fruit	£0.40	Selection of fruit	£0.40	Selection of fruit	£0.40	Selection of fruit	£0.40
	Yoghurt	£0.75	Yoghurt	£0.75	Yoghurt	£0.75	Yoghurt	£0.75	Yoghurt	£0.75
	Chocolate crackle	£0.85	Iced chocolate sponge	£0.85	Apple crumble	£0.85	Muffin	£0.85	Hungarian chocolate biscuit	£0.85
	Flapjack	£0.85	Muffin	£0.85	Melting moments	£0.85	Chocolate crackle	£0.85	Steamed syrup sponge	£0.85
	Custard	£0.15	Oaty biscuits	£0.85	Iced cornflake special	£0.85	Wellington fudge	£0.85	Muffin	£0.85
			Custard	£0.15	Custard	£0.15	Custard	£0.15	Custard	£0.15



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## MENU Week 2: Autumn / Winter

	Monday		Tuesday		Wednesday		Thursday		Friday	
<b>Main Course</b> <i>v: vegetarian option</i>	Chilli con carne	£1.50	Lasagne	£1.50	Roast Turkey	£1.70	Meat balls in tomato sauce	£1.50	Fish cake	£0.75
	BBQ chicken goujons in a bun	£1.50	Pasta Neapolitan	£1.30	Sausage roll	£0.75	BBQ pulled pork in a bun	£1.50	Chicken tikka curry	£1.50
	Macaroni cheese <i>v</i>	£1.30	Fish burger in a bun <i>v</i>	£1.30	Sweet and Sour noodles <i>v</i> $\frac{1}{2}$ Roast Turkey baguette	£1.30 £1.00	Margherita pizza <i>v</i>	£1.30		
<b>Carbohydrates</b>	Potato wedges Rice	£1.25 £0.60	Potato wedges Pasta	£1.25 £0.75	Roast Potatoes Yorkshire pudding Mashed potatoes	£1.25 £0.20 £0.65	Potato wedges Pasta	£1.25 £0.75	Chips Rice/Naan bread	£1.30 £0.60
<b>Vegetables/ Salad</b>	Peas Cauliflower	free	Sweetcorn Carrots Baked beans	Free £0.85	Peas, broccoli	free	Mixed veg, cauliflower	free	Baked Beans	£0.85
<b>Desserts</b>	Selection of fruit Yoghurt Iced cornflake special Iced sponge Custard Scones	£0.40 £0.75 £0.85 £0.85 £0.15 £0.85	Selection of fruit Yoghurt Oaty biscuits Chocolate crackle Custard	£0.40 £0.75 £0.85 £0.85 £0.15	Selection of fruit Yoghurt Flapjack Chocolate crunch Melting moments Custard	£0.40 £0.75 £0.85 £0.85 £0.85 £0.15	Selection of fruit Yoghurt Shortcake Chocolate crackle Custard	£0.40 £0.75 £0.85 £0.85 £0.15	Selection of fruit Yoghurt Hungarian biscuit Muffin Steamed Jam sponge Custard	£0.40 £0.75 £0.85 £0.85 £0.85 £0.15



## THE MARKET WEIGHTON SCHOOL

### MENU Week 3: Autumn / Winter

	Monday		Tuesday		Wednesday		Thursday		Friday	
<b>Main Course</b>  <i>v: vegetarian option</i>	BBQ Chicken wrap	£1.95	BBQ chicken goujons in a bun	£1.50	Chicken & pepperoni pasta	£1.50	Chicken fajita	£1.50	Fillet of fish	£0.40
	Shepherds pie	£1.50	Sausages	£0.40	Roast Pork	£1.70	Veg samosa, rice & curry sauce v	£1.30	Chicken Korma	£1.50
	Cheese pasta v	£1.30	Tomato & herb pasta bake v	£1.30	Roast Pork baguette	£1.00	Minced Beef bolognese	£1.50		
<b>Carbohydrates</b>	Potato Wedges	£1.25	Mashed potato Yorkshire pudding	£0.65 £0.20	Roast potato Yorkshire pudding	£0.65 £0.20	Potato wedges	£1.25	Rice Chips Naan bread	£0.60 £1.30 £0.50
<b>Vegetables/ Salad</b>	Peas, carrots	free	Mixed veg, cauliflower	free	Carrots and peas	free	Sweetcorn, broccoli	free	Peas Baked Beans	Free £0.85
<b>Desserts</b>	Selection of fruit Yoghurt Iced cornflake special Iced sponge Bakewell tart Custard	£0.40 £0.75 £0.85 £0.85 £0.85 £0.15	Selection of fruit Yoghurt Chocolate crackle Melting moments Custard	£0.40 £0.75 £0.85 £0.85 £0.15	Selection of fruit Yoghurt Muffin Steamed chocolate sponge Hungarian chocolate biscuit Cornflour Shorties Custard	£0.40 £0.75 £0.85 £0.85 £0.85 £0.85 £0.15	Selection of fruit Yoghurt Flapjack Chocolate crackle Custard	£0.40 £0.75 £0.85 £0.85 £0.15	Selection of fruit Yoghurt Steamed Syrup sponge Oaty biscuits Chocolate crunch Custard	£0.40 £0.75 £0.85 £0.85 £0.85 £0.15

BREAK TIME	
Description	Price
Bacon sandwich	£1.30
Panini	£1.00
Pizza slice	£1.30
Toast	£0.40
Toasted bagel	£0.65

EXTRAS	
Description	Price
Margarine	£0.10
Mayonnaise	£0.10
Tomato ketchup	£0.10

SANDWICHES	
Code	Price
A	£1.55
B	£1.55
C	£1.75
D	£2.15

DRINKS	
Description	Price
Bottled water 500ml	£0.75
Bottled water 330ml	£0.60
Radnor aqua fizz	£0.80
Radnor flavoured water	£0.80
Milkshake: banana/strawberry/chocolate 200ml	£0.70
Fresh milk 350ml	£0.70
Fresh apple juice	£0.65
Fresh orange juice	£0.65
Chilled water from dispenser	<i>free</i>

Jacket Potatoes (£0.95p) + selection of fillings	
Tuna	£1.00
Cheese	£0.85
Coleslaw	£0.85
Baked beans	£0.85

Salad Box	
Plain salad	£0.75
Tuna	£1.00
Cheese	£0.85
Coleslaw	£0.85

COLD DESERT OPTIONS	
Description	Price
Fruit, each	£0.40
Fruit salad pot	£1.55
Yoghurt, assorted flavours	£0.75