

Watersports Trip

Saturday
20th May
2023

Parents Information Pack



The Market Weighton School

Expect More - Achieve More

Head Teacher Mr R Harrison

Watersports Trip

20th May- 26th May 2023

Before the trip

You need to make sure that your child's passport and EHIC card have been photocopied. This needs to be done ASAP if it has not already been done before the start of the meeting. You also need to check all emergency contact details are up to date and that the number we have will be available during the trip.

Forms that are attached need to be completed and handed into Mrs K Townend by Monday 27 March 2023.

Kit list

WHAT TO BRING ON YOUR ADVENTURE

This is a guide of what to take with you. Please bear in mind the time of year and any particular personal requirements when packing for your activity trips.

- > Waterproof sunblock (essential) factor 50
- > Named sports drink bottle (essential)
- > Land footwear - trainers/plimsolls suitable for dry/land activities
- > Water footwear - wetsuit shoes/plimsolls (ones you don't mind getting wet)
- > Sunglasses (with glasses strap, also essential for spectacles)
- > Lightweight, rainproof jacket (for the occasional shower and evenings)
- > Long-sleeved top/t-shirt & tracksuit trousers/jogging bottoms (1 pair)
- > Tee shirts (6 or 7)
- > Sweatshirt/jumper
- > Shorts (3 or 4 pairs)
- > Jeans/long trousers (1 pair)
- > Large, sturdy plastic bag for damp/dirty clothing
- > Sleeping bag (if want for the journey or a blanket)
- > Pillow (If wanted for the journey)
- > Rash vest (recommended)
- > Small back pack for use on activities
- > Insect repellent
- > Sun hat
- > Towels (bath & beach)
- > Pyjamas/nightwear
- > Wash kit
- > Underwear & socks
- > Named drinks bottle

PACKING

When packing for your trip we advise you use a soft bag/holdall no larger than 100cm x 40cm x 50cm. If you are packing your sleeping bag separately, please use a strong, clearly labelled plastic bag. **Please label ALL of your belongings.**

DO NOT FORGET

- > Your passport
- > Label ALL clothing & belongings
- > All medication must be labelled & named and given in on arrival at school
- > Money (Euros)
- > Your European Health Insurance Card (EHIC)

REMEMBER

- > No valuables or mobile phones (At your own risk)
- > No excessive jewellery
- > Water sports are wet so do not bring expensive clothing



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Money - We recommended that your child does not bring more than £150. Depending on what they buy during the trip I would suggest sending them with a mixture of Euros and Pounds.

The morning of the visit

Bag for on the coach

Your child will need to the following items on the coach with them carried in a small bag:

- Packed lunch, snacks and drinks - We will be stopping off at services along the way if your child wishes to purchase anything. **PLEASE NOTE** - No chewing gum is allowed on the coach if this is brought it will be confiscated and not returned. No fizzy drinks or energy drinks to be drunk on the coach.
- Toothbrush and paste would be useful for the overnight travel.
- Sleeping bag and pillow - During the night we will expect pupils to sleep on the coach if not they are going to be very tired when we arrive (this does not have to fit in their bag and can be carried separate).
- Some Euros and Pounds if they wish to purchase anything on the way to Italy.

Arrive at school - **Approximately 12.00 noon** - **TIME TBC**

We will be meeting on the playground prior to arrival. Please can cars be parked in the car park or on the playground. (Please do not park at the bus stop)

Register - When you arrive at school go to the register table with your child this is where your child's passport and EHIC card needs to be handed in. This is when your child will be given an ID badge with emergency contact details that they will need during the trip ICE.

Medical table - If your child takes any medication when you arrive at school after registering you need to head to the medical table. All medicines need to be in a clearly labelled bag with dosages and information needed included in the bag. (A clear plastic tub is best for this).

If your child suffers from travel sickness, **please ensure** they have taken medication in good time before getting on the bus and they have enough medication to last them the journey there and back.

If you allow your child to take paracetamol and/ or ibuprofen this should also be in a clearly labelled, sealed bag and should be given in at the medical table to the member of staff.

Bags - The coach will arrive at 12pm (Approx) which is when your child's bag needs to be placed at the side of the coach to be packed - **PLEASE NOTE** once these are packed your child **WILL NOT** be able to access the items in there until we arrive.

Please note the small bag for the journey needs to be kept with your child. Once the coach is fully loaded and everyone registered the pupils will be directed onto the coach.



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On the way there

DVDs will be played. There will be a choice and we will go with the majority from a vote in terms of which DVDs will be played. If your child wishes to bring a DVD for the group to watch please make sure this is clearly labelled and is suitable for the age group. Please note that speakers will not be allowed on the bus only headphones.

Pupils can bring their own items to entertain themselves e.g. a book. Please remember that items like phones and I-pads are not covered on our insurance so these are taken at your own risk. School or Activ4 are not liable if these items are lost, stolen or damaged.

On the bus

Pupils are expected to stay sat down with seat belts on throughout the whole journey. The coach has air conditioning and reclining seats so should be comfortable.

There is an on-board toilet but this needs to be used as little as possible. If your child requires the toilet whilst on the bus, they need to make a member of staff aware before getting out of their seat.

We will be stopping at regular intervals on the way there for toilet and food breaks.

Where we are going?



Lignano Sabbiadoro is a spectacular peninsula on the Adriatic Sea, just up the coast line from Venice. As one of the main northern Italian summer resorts it boasts 8km of golden sands on its blue flag beaches on the Lignano Riviera. SportsFest is held at the purpose built sports destination Bella Italia Village which gives you all the sports facilities that you require as well as only being a short walk along the promenade to the fashionable pedestrianised centre of Sabbiadoro.

What your child will be doing while we are there?

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Morning		Travel To Resort	Breakfast Water Sports Session 1	Breakfast Water Park Excursion Day	Breakfast Water Sports Session 3	Breakfast Prep for departure and maybe a last walk down to the beach after breakfast	Return to School
Lunch			Lunch	Packed Lunch	Lunch		
Afternoon	Depart School	Arrive Resort Check-in & Orientation	Water Sports Session 2	Water Park Excursion Day	Water Sports Session 4	Depart Resort	
Evening	Evening Ferry Crossing	Dinner Beach Night	Dinner Swimming Night	Dinner Pizza Night and Local Town	Dinner Quiz and awards night	Ferry Crossing	activ4 school tours Beyond The Classroom



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Remote supervision

There will be sometimes when your child will be remotely supervised e.g. on the ferry when the pupils will be allowed to walk around. PLEASE NOTE - Pupils are not allowed on the deck during the ferry ride. We expect your child to follow instructions and be sensible during these times. They will be told a meeting point to come if they have any problems and they will have their ICE card.

Contacting home

As often as possible depending on Wi-Fi and signal tweets with pictures and travelling updates will be posted on Twitter @TMWSPE.

School text system will be used but please be aware these can only be sent during school hours.

We urge to the children that if there is a problem whilst on the trip that they do not ring you directly. They need to speak to a member of staff and if we need to contact home we will. We do not want you worrying while they are away unnecessarily.

If there is a problem we will get in touch with you so please make sure the contact details school hold are correct.

The number left in this pack below is for EMERGENCIES ONLY.

Rooms

The pupils will be placed in accommodation based on who they have asked to be with and who they also do not want to be with. We will do our best to place your child together with their friends. We will organise this nearer the time one break time.

If there is a problem with your child's room placing, they need to speak to Mrs K Townend ASAP who will try and rearrange if possible.

Hotel

During the night your child is expected to stay in their room. The site is monitored all through the night by the staff at the hotel and our staff rooms are next to the students.

In case of an emergency

If it is out of school hours, please see the numbers below which are the school mobiles we will be taking with us on the trip please only ring these numbers in an emergency.

Mobile 1- 07939 504621

Behaviour

I expect behaviour from all pupils to be exemplary throughout the trip and as I would expect if we were at school.

If any of the rules on the trip are broken your child will be sanctioned as if at school parents may be contacted depending on the severity. I hope that this will not have to be done but your child needs to be aware before we go.



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Meet the staff



Mrs K Townend - Assistant Head Teacher



Miss K Dawson - PE Teacher



Miss Gherardelli - Teacher of MFL



Mrs Bell - Teaching Assistant and Learning Mentor



Mr Jackson - Teaching Assistant



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Coming home

Friday 26 May 2023 we are expected to arrive back for approximately 14:00 this will be confirmed also nearer the time. Please keep an eye on Twitter for updates of where we are and our expected time of arrival. I am hoping to get a text message out when we have a more accurate time of arrival home.

Parents arriving to pick their children up in cars please park in the front car park or if this is locked on Spring Road. Please do not block the bus stop and arrive in a timely fashion.

If you require any other information or have any questions, please email Mrs K Townend ktownend@tmws.co.uk or e-praise message.

This is the best way to contact as I am not always available on the phone due to teaching.

**This is an amazing trip and we
hope your child has a wonderful time!**



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