Long term planning grid

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	Intro to health & safety, knife skills	Heat transfer & oven safety	Nutrition, hob safety, complete meals	Raising agents & hob safety continued & a building of skills	5-a-day, seasonality	Knife skills put to the test, healthy eating
8	Health & safety, meat cookery	Italian cuisine, bread, food science & packaging	Balance main meals, multitasking, nutrition underpinning meals	Multicultural cuisine	Food science of fats & pastry	Protein in- depth theory, burgers and food provenance
9	Taster session: careers, teenage diets & Food science	Taster session: careers, teenage diets & Food science	Taster session: careers, teenage diets & Food science	Gaining confidence in the GCSE practical's	Food from around the world, production plans and evaluations	Individual diets and planning meals. Nutritional labels
10	Fruit & Vegetables	Dairy	Alternative Proteins	Fats & oils	Cereals	Protein
11	NEA 1	NEA 1&2	NEA 2	NEA 2	Revision	Revision

Medium Term Planning

Year 7 Term 1

Objective & outcomes	Lesson	Lesson	Home Learning
Objectives: To understand the importance of safety in Food Technology. Outcomes: Know why safety is important when working in the food rooms. Explain what kind of hazards exist and how to avoid them.	Introduction & expectations Health and Safety. Safety quiz and poster		Complete poster for homework & how to wash up correctly task.
Objectives:		Starter: Match the equipment Why do we eat food? (pg. 6-7 of Hodder book)	Complete the knowledge check questions



 Know the importance of living a healthy balanced lifestyle Can explain the function of the three macronutrients in the body Name each section of the Eat Well Guide 			
Objectives:	Eat Well Guide & 5 a day		Complete portion task.
 Can explain why fruit is important in the diet and what the 5 a day campaign is. Can describe how sustainability relates to food choice. 			
Objectives: To know how to make a fruit kebabs using a variety of fruit. Outcomes: Know how to choose and prepare a selection of fruits for fruit kebabs.		Demonstrate Fruit salad. Preparation (Enzymic Browning & decay of fruit) and choice of fruit/use of knives safety. Cover routines for practical lessons ask pupils to complete a run through. Follow up to fruit salad, discuss enzymic browning; students to write this up.	Ingredients Knife safety poster
Objectives: To make a fruit salad using a variety of fruit. Outcomes: WTS: You worked safely and hygienically to make a successful product, paying attention to finish. You used a range of equipment properly. EXS: You worked safely, hygienically and fairly independently to make a successful and well presented product. You used a range of processes and equipment properly and were able to solve any problems that occurred. GDS: You have worked successfully with a range of ingredients, processes and equipment to make a well presented and effective product. You have shown understanding of the ingredients you are working with, and have worked independently, solving any problems that may have occurred. You have produced a good quality product, working safely and hygienically.	Practical fruit salad + enzymic browning (teacher led). Questions attached/predicted https://www.foodafactoflife .org.uk/search- results?q=enzymic+brownin g		Complete the evaluation section of the enzymic browning investigation
Objectives		Evaluate fruit salad. Sustainability & food waste	Complete seasonal calendar
Learning Objectives: Observe how to make a fruit crumble. Understand and explain the three heat transfer methods Learning Outcomes:	Dem Fruit Crumble and follow up w/s (cooking methods Hodder book pg.80)		Ingredients group 1 Heat transfer worksheet



	Expect More - Achiev	e iviore	
GDS- Show high level understanding of process and			
ingredients in written tasks. Able to answer in detail			
and independently.			
EXS- Show good understanding of process and			
ingredients in written tasks. Able to answer in some			
detail and fairly independently.			
WTS- Show basic level understanding of process and			
ingredients in written tasks. Able to give basic answers			
and may need some help with written work.			
·	Half term		
Learning Objectives:		Practical fruit crumble	Ingredients
Observe how to make a fruit crumble.		group 1	_
 Understand and explain the three heat 		group i	group 2 Cooking
transfer methods			methods match
			up sheet.
Learning Outcomes:			up sneet.
GDS- Show high level understanding of process and			
ingredients in written tasks. Able to answer in detail			
and independently.			
EXS- Show good understanding of process and			
ingredients in written tasks. Able to answer in some			
detail and fairly independently.			
WTS- Show <u>basic level understanding</u> of process and			
ingredients in written tasks. Able to give basic answers			
and may need some help with written work.			
Objectives	Food Provenance: Design a		Red Tractor
To be able to define Food Provenance	leaflet linked the Food		resource
 To identify what foods are farmed in the UK 	sustainability using pages		Ingredients
 Explain what Organic farming is 	74-76		
Outcomes:			
Learning Objectives:		Practical fruit crumble	
Observe how to make a fruit crumble.		group 2	
Understand and explain the three heat			
transfer methods			
Learning Outcomes:			
GDS- Show <u>high level understanding</u> of process and			
ingredients in written tasks. Able to answer in detail			
and independently.			
EXS- Show good understanding of process and			
ingredients in written tasks. Able to answer in some			
detail and fairly independently.			
WTS- Show <u>basic level understanding</u> of process and			
ingredients in written tasks. Able to give basic answers			
and may need some help with written work.			
Learning Objectives:	Fruit crumble and the		Heat transfer
To make links between your fruit crumble &	eatwell guide or continue		task
the eat well guide.	with heat transfer lesson		
Learning Outcomes:			
GDS- Show high level understanding of the ingredients			
and their links to the Eat Well Guide, have written in			
full sentences to explain this. Able to answer in detail			
and independently.			
EXS- Show good understanding of the ingredients and			
their links to the Eat Well Guide, have written in some			
detail explaining this. Able to answer in some detail			
and fairly independently.			

	Expect More - Active	Civiore		
WTS- Show basic level understanding of the ingredients & their links to the Eat Well Guide, have bullet pointed these in written tasks. Able to give basic answers and may need some help with written work.				
Objectives Investigate and draw conclusions about how chemical raising agents work Outcomes: Explain how chemical raising agents work in cooking Apply knowledge in a practical environment		Raising Agents pg.106 (what are they? Chemical agents in scones), show activity 1 on pg. 107 Knowledge check. Show the reaction of baking powder when combined with lemon juice/acid	Chemical r agents task	_
OBJECTIVES: To analyse the task and produce a range of original ideas to fit design brief. OUTCOMES: GDS- Show high level understanding of process and ingredients in written tasks. Able to answer in detail and independently. EXS- Show good understanding of process and ingredients in written tasks. Able to answer in some detail and fairly independently. WTS- Show basic level understanding of process and ingredients in written tasks. Able to give basic answers and may need some help with written work.	Dem Cheese scones and follow up. Complete raising agent's lesson.		Ingredients DEFINE Ma Reaction a link it to th Scone prac	aillard nd ie
Objective: To make an original scone product. Outcomes: WTS-You worked safely and hygienically to make a successful product, paying attention to finish. You used a range of equipment properly. EXS-You worked safely, hygienically and fairly independently to make a successful and well presented product. You used a range of processes and equipment properly and were able to solve any problems that occurred. GDS+You have worked successfully with a range of ingredients, processes and equipment to make a well presented and effective product. You have shown understanding of the ingredients you are working with, and have worked independently, solving any problems that may have occurred. You have produced a good quality product, working safely and hygienically.		Practical cheese scones		
	Christmas		1	

Year 8 Term 1

Objectives/outcomes	Lesson	Home learning task	ĺ
Objectives:	Intro and expectations, H&S. Equipment. Recap of year 7.	Health and safety paragraph	

		Wiore
To understand the importance of		
safety in Food Technology.		
Outcomes:		
Know why safety is important		
when working in the food rooms.		
Explain what kind of hazards exist		
and how to avoid them.	Food therion and outst.	Contact Food Cofety was to the Bouley
1) To learn the 4 C's	Food Hygiene and safety.	Create a Food Safety poster to display
2) To learn how to prevent contamination		in the kitchen based on what we have
Loorning Objectives	Most cookers	learnt today
Learning Objectives:	Meat cookery.	Create a top tips sheet/poster for a
 To learn about Poultry, sources, nutritional content. 		new chef to hygienically and safely use poultry in the kitchen.
Learning Outcomes:		use poultry in the kitchen.
Know the difference between		
meat and poultry.		
Nutrient content of Protein		
Can explain the points to		
consider when choosing meat		
and poultry.		
 Can describe how to prepare 		
meat/poultry safely.		
 Understand the different types of 		
chopping boards		
Learning Objectives:	Dem fajitas, production plans, hygiene &	Ingredients
 To understand how to cook food 	quality checks	Produce a production plan
safely.		
 Know how to prepare meat and 		
vegetables to make fajitas.		
Learning Outcomes:		
GDS - Show high level understanding of		
how to prepare and cook food safely by		
producing a production plan with accurate		
and detailed quality and hygiene checks		
for each stage of making.		
EXS - Show good understanding of how to		
prepare and cook food safely by		
producing some fairly detailed quality		
and hygiene checks in the production plan.		
WTS - Show basic understanding of how		
to prepare and cook food safely by		
producing a production plan with a few		
quality or hygiene checks with help.		
Objectives:	Practical- fajitas (Pairs)	Food temperature task
To prepare food safely.	,,	p = 3333 2 3333
 To make a stir fry or fajitas. 		
Outcomes:		
 Know how to work safely and 		
independently to make		
successful product.		
To learn the nutrients and their	Healthy eating and nutrition of meals.	Traffic light: cauliflower cheese task.
function	Analysing meals. Need a computer rm	Ingredients
 To recap and expand your 		
knowledge on the Eatwell Guide		
 To be able to analyse a meal 		



	Expect Wore - Achieve W	
Objectives:	Practical- fajitas (Pairs)	
 To prepare food safely. 		
 To make a stir fry or fajitas. 		
Outcomes:		
 Know how to work safely and 		
independently to make		
successful product.		
	Half term	
Objectives:	Evaluate Fajitas	Complete individual diets pizza
Understand Italian cuisine and special	Intro to Pizza & Italian cuisine – Special	design.
diets within the community across a range	diets and pizza design 1	
of ages		
Outcomes:		
Can explain what nutrients and any special		
dietary needs an individual may have		
through the life stages		
Apply knowledge gained to design a pizza		
for a specific group explaining in detail		
ingredient choices		
Objectives:	Yeast Experiment	Yeast fill in the blanks sheet &
To understand the conditions yeast needs		complete the investigation sheet
to grow		
Outcomes:		
GDS: Can explain the conditions yeast		
needs to grow, both positive & negative		
outcomes		
EXS: can state the conditions yeast needs		
to grow, explaining some positive &		
negative outcomes		
WTS: can state the conditions yeast needs		
to grow		
Learning Objectives:	Peer assess pizza design homework against	Ingredients
 To understand the requirements 	marking criteria & Where does Pizza	
of the design brief.	originate from?	
 To understand the process of 	Dem bread	
making bread.		
Learning Outcomes:		
Can describe the important points to		
consider for this task.		
GDS -Showed thorough understanding of		
requirements of task. Included a wide		
range of detailed and relevant points to		
consider.		
EXS Showed good understanding of task.		
Included a range of relevant points to		
consider		
WTS Basic understanding of task shown.		
Included some points to consider.		
Learning Objectives:	Practical bread dough, freeze.	Dough making questions HW sheet
To make a successful bread dough.	Cover gluten etc in the theory rm	
Learning Outcomes:		
WTS-You have used a selection of		
equipment, working safely and quite		
accurately. You have demonstrated the		
kneading process and can identify explain		
the function of the ingredients used.		

	Expect More - Achieve N	1016
EXS-You have worked with a range of		
equipment. You have worked safely and		
well. You were able to work fairly		
independently, making decisions when		
needed. You have demonstrated the		
kneading process and can explain the		
function of the ingredients used.		
GDS -You have worked competently with a		
range of equipment. You worked safely,		
hygienically and independently. You		
understood the method and how to work		
with the ingredients used. You have		
demonstrated the kneading process and		
can explain the function of the ingredients		
used with clear subject specific language.		
Learning Objectives:	Dem pizza, toppings and nutrition	Ingredients. Teenage diet question
To understand the requirements		C
of the design brief.		
 To understand the process of 		
making bread base into pizza		
Learning Outcomes:		
Can describe the important points to		
consider for this task.		
GDS -Showed thorough understanding of		
requirements of task. Can explain in detail		
how to make a pizza		
EXS Showed good understanding of task.		
Included a range of relevant points to		
consider, can state how to make a pizza		
WTS Basic understanding of task shown.		
Included some points to consider. Can		
follow a recipe with support to make a		
pizza		
Learning Objectives:	Practical pizza	
To make a successful pizza.		
Learning Outcomes:		
WTS-You have used a selection of		
equipment, working safely and quite		
accurately. You have paid attention to the		
finish of your product and it was suitable		
for the task.		
EXS -You have worked with a range of		
equipment. You have worked safely and		
well. You were able to work fairly		
independently, making decisions when		
needed. Your product was presented well		
and met the task requirements.		
GDS -You have worked competently with a		
range of equipment. You worked safely,		
hygienically and independently. You		
understood the method and how to work		
with the ingredients used. Your product		
was presented to a high standard and was		
suitable for the task.		
Learning Objectives:	Evaluate Pizza, packaging and labelling	Complete packaging over holidays
		Ingredients.

 To design a suitable package for 		
your pizza.		
Learning Outcomes:		
Level WTS Label design contains most of		
the required labelling information.		
Level EXS-Label design contains all the		
required labelling information with some		
explanations.		
Level GDS Label design is detailed and		
accurate, containing all the required		
labelling with explanations.		
	Christmas	1

Year 9 Term 1

Date	Lesson	Homework
4/10	Introduction & expectations. Careers in Food	
5/10	Nutrition, eat well and teenage diets & Food Safety	Exam question
		Teenage diets
11/10	Multicultural foods	
12/10	Food Science of bread	Exam paper bread.
18/10	Science investigation	
19/10	Write up results from investigation.	Ingredients
	Mark exam questions and add feedback	
1/11	Timeplans produce one for Calzone. To have shopping list,	Continue for
	equipment list, dovetailed timeplan IT1	homework
	Bread in our diets & evaluation of the course	
2/11	Practical Calzone	
	4/10 5/10 11/10 12/10 18/10 19/10	4/10 Introduction & expectations. Careers in Food 5/10 Nutrition, eat well and teenage diets & Food Safety 11/10 Multicultural foods 12/10 Food Science of bread 18/10 Science investigation 19/10 Write up results from investigation. Mark exam questions and add feedback 1/11 Timeplans produce one for Calzone. To have shopping list, equipment list, dovetailed timeplan IT1 Bread in our diets & evaluation of the course

Year 10 Term 1

Lesson	Homework	Specification Links (Appendix B)	Practical Skills (Appendix A)
Introduction to the course, set expectations! Target grades,	Name the cuts	1, 2, 3(I), 4(II),	1, 2, 3, 5, 6, 7, 8,
how learners will be assessed.	of veg and	6(II)	12, 15, 16, 20
Introduction/General recap of nutrition. Discuss the Eat	dishes would		
Well Guide: sections and how link to each commodity.	use them in		
How this commodity is grown/produced.	Link the		
Classification of fruit & veg	vitamins to the		
Begin fruit and veg, follow PP: Knife skills: fruit and	fruit/veg, ways		
vegetables: link to Vitamins; Water (C&B) and fat soluble	of		
(A,D,E,K). How lost, how to prevent. Discuss Enzymic	cooking/prepari		
browning	ng to prevent		
, and the second	vitamin loss		
(Practical upside down cake (theory cake making) discuss grades.			
Make jam link to preservation methods or soup)			
Practical Soup and bread: link to knife skills and preventing water			
soluble vitamin loss – unblended shows higher skill			

		T	T
Processing of foods (primary & secondary)/preservation		1, 4(II), 5(I,II),	
methods (commodities): students complete preservation		6(II),	
methods (digital bundle) canned, frozen, juiced, dried			
Nutritional Values: sources, functions, deficiency, excess,	Ingredients for	1, 2, 3(I, II),	
daily requirements, specific vitamins and minerals. Poster of	jam!!!	6(1,11,111)	
an individual with info around it. See PP already got			
	Planning and	1, 4, 5(II), 6(I,III)	
Dem fresh fruit flan: aeration, whisking, dextrinization.	production plan		
Fresh fruit flan/upside down cake/vegetable cakes and	production plan	1, 2, 3(I), 4(II),	1, 2, 3, 5, 6, 7, 8,
grade (Lasagne: layers made with vegetables not pasta)		6(II)	12, 15, 16, 20
Catch up/fill lesson/challenge Students make Jam		1, 4(I), 5(II),	
		6(1,11,111)	
Introduce enzymic browning: oxidation. Students to use	Work on	NEA 1, 4(I),	
digital bundle to investigate/template.	research	5(III), 6(II)	
	section as		
	homework		
Students to complete research and planning into task	Continue write	NEA 1, 4(I),	
, , ,	up of	5(III), 6(II)	
	experiment		
Assignment experiment Enzymic browning and write up of	Continue write	NEA 1, 4(I),	
experiment/results.	up of	5(III), 6(II)	
experiment/results.		3(111), 0(11)	
	experiment		
	Trip to Aunt		
	Bessie	-4	
Complete write up, conclusion etc	Complete write	6(1,11,111)	1-20
	up		
Complete write up, print and hand in/ Fruit and veg exam	Improvements	NEA 1, 4(I),	
questions	for HL over half	5(III), 6(II)	
	term		
	Revision		
End of unit test		NEA 1, 4(I),	
Peer feedback: Enzymic Browning.		5(III), 6(II)	
Understanding dietary reference values: dietary fibre.			
Half ter	m		
Dairy foods: revisit Eat Well Guide: dairy foods: milk	Ingredients,	1, 5(I,II,III)	
provenance, how commodity is processed. Students to	complete fact	_, _, _,,,,,,,,	
produce a fact sheet on milk provenance and the types	sheet		
1 '	SHEEL		
available: cover Catering slides		4 2 2/1\ 4/11\	1 2 2 6 7 0
Practical Panna Cotta, Crème Brule, Baked Cheesecake,		1, 2, 3(I), 4(II),	1, 2, 3, 6, 7, 8,
Soufflés. Students to present their food and grade		6(II)	14, 19, 20
Continue how dairy foods are processed: primary and		1, 5 (I,II)	
secondary processes (include pasteurisation)			
Include storage and food hygiene and safety (high risk			
food).			
Dem profiteroles: science behind making	Ingredients	1, 4, 6(II,III)	5, 6, 7, 8, 9, 10,
Students make notes			12, 13, 15, 16, 19,
			20
Nutritional values (sources, function, deficiencies, excess,	Dishes which	1, 2	
specific minerals and structure): produce mind map.	could be made		
, , , , , , , , , , , , , , , , , , , ,	1	1	1

	with specific					
	dairy foods.					
Practical choux pastry	Students answer	1, 4, 6(II,III)	5, 6, 7, 8, 9, 10,			
	an exam		12, 13, 15, 16,			
	question based		19, 20			
	on Choux Pastry.		,			
Improvements of exam question.	Work on NEA 2	5(11,111), 6(1,11,111)				
Food science: make butter, shake a jar) & cover concepts	for homework					
listed under Food Science						
Nutritional values (sources, function, deficiencies, excess,	u	5(11,111), 6(1,11,111)				
specific minerals and structure): produce mind map.	u					
Continue/look at osteoporosis.						
Introduction and planning of mock NEA 2	u	u				
Dietary considerations (low sat fat, suitable for						
osteoporosis, lactose free)						
Planning for Mock	u	u				
Practical NEA 2: dietary considerations		u	1-20			
Evaluation of practical		u				
Hand in of NEA 2 mock						
Complete evaluation/Revision		1,2,3,4,5,6				
Unit test		1,2,3,4,5,6				
Christmas						

Year 11 Term 1

Lesson	Homework	Specification Links (Appendix B)	Practical Skills (Appendix A)
No Lesson!!!	Catch up every		
	Tuesday/		
	Wednesday!!!		
-Intro and expectations, cover the year ahead	NEA 1 background	NEA 1	
and a timeline: recap the structure of NEA 1	reading.	4, 6	
and re visit examples completed: identifying			
strengths and weaknesses: Students to look at			
their work and self-assess. What needs to be			
improved in preparation for the real thing?			
-Prepare a folder on the network Practical			
investigation linked to the NEA 1 Brief (pastry,			
sauces, fats, raising agents)			
-Hand out NEA1 folders and timeline			
introduce NEA1 brief, and writing templates			
Set NEA 1: templates, expectations students		NEA 1	
set up		4, 6	
NEA 1: planning and research:		NEA 1	
Analysis of the task: (Key words and phrases		4, 6	
from the brief are?)			
What is the brief asking me to do?			
Plan of action			
Research			
Food science considerations			

hypothe	sis						
NEA 1				NEA 1, 4,	. 6		
	lanning and research:			NEA 1			
	of the task: (Key words and phrases			4, 6			
•	e brief are?)			', '			
-	the brief asking me to do?						
Plan of a	•						
Research							
	ence considerations						
hypothe							
	quipment list, results table, plan						
	ouble science investigation:			NEA 1		1-20	
	5: table and pictures			4, 6			
	NTS ON PRODUCT			, -			
	OFILE OF SAMPLES						
	L PREFERENCE OF PRODUCT						
OBSERV							
	TY OF MY RESULTS						
	VALUATION			NEA 1, 4,	, 6		
	VALUATION			NEA 1, 4,			
	quipment list, results table, plan			NEA 1, 4,			
	quipment list, results table, plan			NEA 1, 4,			
	ouble science investigation:			NEA 1		1-20	
	5: table and pictures			4, 6		1 20	
	NTS ON PRODUCT			', 0			
	OFILE OF SAMPLES						
	L PREFERENCE OF PRODUCT						
OBSERV							
	TY OF MY RESULTS						
	CONCLUSION:			NEA 1			
	I PROVE MY HYPOTHESIS?			4, 6			
-	E ADDITIOANL EXPERIEMENTS:			', '			
	EMENTS						
	CONCLUSION:			NEA 1			
	I PROVE MY HYPOTHESIS?			4, 6			
-	E ADDITIOANL EXPERIEMENTS:			, -			
	EMENTS						
	rked improvements			NEA 1, 4,	, 6		
	NEA 1: teacher marking			NEA 1, 4,			
	: improvements			NEA 1, 4,			
	e with improvements:			NEA 1, 4,			
NEA 1 w	·			NEA 1, 4,			
	NEA 1: Printing, signing off!!!			NEA 1, 4,			
Scaamie	, rec. (2) i michig, signing office	Half ter	m	· • = / · · · / · /			
Single	Recapping culinary skills: links to NEA 2 TI		111		NEA 2,		
Double	Practical free choice: start practising keys				NEA 2		1-20
Double	want to demonstrate	CIIIA			1, 6		1-20
Single	Recapping expectations of NEA 2: Links to	what			NEA 2		
x2	theme	vviidl			INLA Z		
۸۷	uicilie						

	Practical free choice: linked to NEA 2 Theme	NEA 2	1-20	
		1, 6		
Single	NEA 2: Introduce NEA 2 Theme and	NEA 2		
Double	expectations			
	NEA 2: Section A: Researching the task: Task	NEA 2		
	analysis	1, 5, 6		
Single	NEA 2: Section A: Researching the task: Task	NEA 2		
x2	analysis	1, 5, 6		
	NEA 2: Section A: Researching the task: Task	NEA 2		
	analysis	1, 5, 6		
Single	NEA 2: Section B: Demonstrating technical skills	NEA 2		
Double		1, 5, 6		
	NEA 2: Section B: Mock dishes prac x 2 dishes	NEA 2		
		1, 5, 6		
Single	NEA 2: Section B: Demonstrating technical skills	NEA 2		
x2		1, 5, 6		
	NEA 2: Section C: Planning final menu (reasons	NEA 2		
	for choice)	1, 5, 6		
Single	NEA 2: Section C: Planning final menu (reasons	NEA 2		
Double	for choice)	1, 5, 6		
	NEA 2: Section B: Mock dishes prac x 2 dishes	NEA 2	1-20	
		1, 5, 6		

Sharing of medium term plans will allow each subject to reflect and re-order content to support colleagues in other subjects or teach content making links to other subjects explicit.

Short Term Planning

Resources needed for each lesson are included on the department shared area a google classroom account for those teachers teaching Food has been set up and all resources required included in a lesson by lesson folder format.

Opportunities should be created to support the wider curriculum: (many of these are fed into daily teaching within the subject).

- PSHE / RSE
- Careers
- Citizenship and British Values
- Financial Education

Planning should be shared across the department.

Teachers can adapt lessons to match needs to students.