



## THE MARKET WEIGHTON SCHOOL

### MENU Week 1: Autumn Winter 21

	Monday		Tuesday		Wednesday		Thursday		Friday	
<b>Main Course</b> v: vegetarian option	Meatballs in tomato sauce	£1.50	Sausages	£0.40	Roast turkey	£1.70	Lasagne	£1.50	Fish cake	£0.75
	Veggie burger in a bun	£1.30	Italian Chicken	£1.50	Roast turkey baguette (half)	£1.00	BBQ Chicken wrap	£1.95	Chicken curry	£1.50
	▼		Tomato and herb pasta	£1.30	Fish finger	£0.40	Pizza slab	£1.30	Rice	£0.60
	Cheese Pasta	£1.30	▼		Veggie sausage	£0.40	▼			
					V					
					Yorkshire Pudding	£0.20				
<b>Carbohydrates</b>	Jacket potato	£0.95	Mashed potatoes	£0.65	Roast Potatoes	£1.25	Potato wedges	£1.25	Naan bread	£0.50
			Yorkshire Pudding	£0.20	Baked beans	£0.85			Chips	£1.30
					Mashed potatoes	£0.65			Baked beans	£0.85
<b>Vegetables/ Salad</b>	Peas carrots	free	Peas Carrots	Free	Mixed vegetables Broccoli	free	Peas Cauliflower	free	Peas	free
<b>Desserts</b>	Selection of fruit	£0.40	Selection of fruit	£0.40	Selection of fruit	£0.40	Selection of fruit	£0.40	Selection of fruit	£0.40
	Yoghurt	£0.75	Yoghurt	£0.75	Yoghurt	£0.75	Yoghurt	£0.75	Yoghurt	£0.75
	Chocolate crackle	£0.85	Steamed chocolate sponge	£0.85	Apple crumble	£0.85	Muffin	£0.85	Muffin	£0.85
	Shortcake	£0.85	Muffins	£0.85	Chocolate cookie	£0.85	Gingerbread	£0.85	Steamed syrup sponge	£0.85
	Custard	£0.15	Oaty biscuits	£0.85	Iced cornflake special	£0.85	Chocolate crackle	£0.85	custard	£0.15
			Custard	£0.15	Custard	£0.15	Custard	£0.15		



# THE MARKET WEIGHTON SCHOOL

## MENU Week 2: Autumn Winter 21

	Monday		Tuesday		Wednesday		Thursday		Friday	
<b>Main Course</b>  <i>v: vegetarian option</i>	Cheese & ham pasta	£1.50	Roast pork	£1.70	Steak pie	£1.50	Pasta bolognaise	£1.50	Jumbo Fish finger	£0.75
	Sausage	£0.40	Roast pork baguette (half)	£1.00	BBQ chicken wrap	£1.95	Pizza slab v	£1.30	Chicken curry	£1.50
	Veggie samosa, curry sauce, rice v	£1.30	Chicken burger	£1.50	Veggie lasagne v	£1.30	Pulled pork in brioche bun	£1.50		
			Stuffing	£0.40						
			Tomato & Herb pasta v	£1.30						
<b>Carbohydrates</b>	Rice	£0.65	Mashed potato	£0.65	Mashed Potatoes	£0.65	Potato wedges	£1.25	Chips	£1.30
	Mashed potatoes Yorkshire Pudding	£0.65 £0.20	Roast potato	£1.25	Baked beans	£0.85			Rice/Naan bread	£0.60
<b>Vegetables/ Salad</b>	Peas Carrots	free	Sweetcorn broccoli	free	Peas, carrots	free	Peas, cauliflower	free	Baked Beans Peas	£0.85 free
<b>Desserts</b>	Selection of fruit	£0.40	Selection of fruit	£0.40	Selection of fruit	£0.40	Selection of fruit	£0.40	Selection of fruit	£0.40
	Yoghurt	£0.75	Yoghurt	£0.75	Yoghurt	£0.75	Yoghurt	£0.75	Yoghurt	£0.75
	Iced sponge	£0.85	Melting moments	£0.85	Flapjack	£0.85	Apple crumble	£0.85	Steamed jam	£0.85
	Chocolate crackle	£0.85	Choc brownie	£0.85	Chocolate cookie	£0.85	Chocolate crackle	£0.85	sponge	£0.85
	Custard	£0.15	Custard	£0.15	Steamed choc sponge	£0.85	Custard	£0.15	Oaty biscuit	£0.85
					Custard	£0.15			Custard	£0.15



## THE MARKET WEIGHTON SCHOOL

### MENU Week 3: Autumn Winter 21

	Monday		Tuesday		Wednesday		Thursday		Friday	
<b>Main Course</b>  <i>v: vegetarian option</i>	Sausage	£0.40	Burger in a bun	£1.30	Roast pork	£1.70	Spaghetti bolognaise	£1.50	Fish finger	£0.40
	Yorkshire pudding	£0.20	Macaroni cheese v	£1.30 £1.50	Roast pork baguette (half)	£1.00	Chicken fajita	£1.50	Chicken curry	£1.50
	Chicken and pepperoni pasta	£1.50	Shepherds pie		BBQ chicken wrap	£1.95	Pizza slab v	£1.30		
	Veggie sausage v	£0.40			<b>Veggie lasagne</b> v Stuffing	£1.30 £0.40				
<b>Carbohydrates</b>	Mashed Potato	£0.65	Potato wedges	£1.25	Mashed Potato Roast potato	£0.65 £1.25	Potato wedges	£1.25	Baked beans Rice Chips Naan bread	£0.85 £0.60 £1.30 £0.50
	Peas, carrots	free	Baked beans Peas, cauliflower	£0.85 free	Mixed veg, broccoli	free	Sweetcorn, carrots	free	Peas Baked Beans	Free £0.85
<b>Desserts</b>	Selection of fruit	£0.40	Selection of fruit	£0.40	Selection of fruit	£0.40	Selection of fruit	£0.40	Selection of fruit	£0.40
	Yoghurt	£0.75	Yoghurt	£0.75	Yoghurt	£0.75	Yoghurt	£0.75	Yoghurt	£0.75
	Iced cornflake special	£0.85	Chocolate crackle	£0.85	Muffin	£0.85	Hungarian chocolate biscuit	£0.85	Steamed chocolate sponge	£0.85
	Iced sponge Custard	£0.85 £0.15	Melting moments Custard	£0.85 £0.15	Chocolate crunch Custard	£0.85 £0.15	Chocolate crackle Custard	£0.85 £0.15	chocolate sponge	
			Apple crumble	£0.85					Oaty biscuits Custard	£0.85 £0.15

**BREAK TIME**

Description	Price
Bacon Sandwich	£1.30
Panini	£1.00
Pizza Slice	£1.30
Toast	£0.40
Toasted Bagel	£0.65

**EXTRAS**

Description	Price
Margarine	£0.10
Mayonnaise	£0.10
Tomato Ketchup	£0.10

**SANDWICHES**

Code	Price
A	£1.55
B	£1.55
C	£1.75
D	£1.75
E	£1.85
F	£2.00
G	£2.05
H	£2.15
K	£2.25

**DRINKS**

Description	Price
Bottled Water 500ml	£0.75
Bottled Water 330ml	£0.60
Radnor Aqua fizz	£0.75
Radnor Flavoured Water	£0.75
Milkshake: Banana/Strawberry/Chocolate 200ml	£0.65
Fresh Milk 350ml	£0.70
Fresh Apple Juice	£0.65
Fresh Orange Juice	£0.65
Chilled water from dispenser	<i>free</i>

Jacket Potatoes (£0.95p) + selection of fillings	
Tuna	£1.00
Cheese	£0.85
Coleslaw	£0.85
Baked beans	£0.85

Salad Box	
Plain salad	£0.75
Tuna	£1.00
Cheese	£0.85
Coleslaw	£0.85

COLD DESERT OPTIONS	
Description	Price
Fruit, each	£0.40
Fruit salad pot	£1.55
Yoghurt, assorted flavours	£0.75