





# THE MARKET WEIGHTON SCHOOL

## MENU Week 2: Autumn / Winter 2018

	Monday		Tuesday		Wednesday		Thursday		Friday	
<b>Main Course</b> <i>v: vegetarian option</i>	Chicken Fillet Stuffing	£1.50 £0.40	Steak Pie	£1.50	(Meal deal: all $\circ$ plus $\square$ or $\Delta$ )	£2.60	Barbecue Chicken Wraps	£1.95	Chicken Korma	£1.50
	Ham Pasta Bake	£1.50	Pizza Slabs $\vee$	£1.30	Roast Ham $\circ$	£1.70	Shepherd's Pie	£1.50	Jumbo Fish Finger	£0.75
	Quorn Lasagne $\vee$	£1.30	Spaghetti Carbonara	£1.50	Yorkshire Pudding $\circ$	£0.20	Pasta Neapolitan $\vee$	£1.30	Jacket Potato + Tuna/cheese	£0.95 £0.85
	Jacket Potato + Tuna/cheese	£0.95 £0.85	Jacket Potato + Tuna/cheese	£0.95 £0.85	Meatballs & Tomato Sauce	£1.50	Jacket Potato + Tuna/cheese	£0.95 £0.85		
					Roast Ham Baguette	£1.00				
				Veggie Sausage $\vee$	£0.40					
				Jacket Potato + Tuna/cheese	£0.95 £0.85					
<b>Carbohydrates</b>	Mashed Potato	£0.65	Mashed Potato Crusty Roll	£0.65 £0.55	Roast Potatoes $\square$ Mashed Potato $\Delta$ Crusty Roll	£1.25 £0.65 £0.55	Potato Wedges Crusty Roll	£1.25 £0.55	Chips Rice	£1.30 £0.60
<b>Vegetables/ Salad</b>	Carrots Peas	free	Peas Cauliflower	free	Sweetcorn $\circ$ Carrots $\circ$	free	Cauliflower Mixed Vegetables	free	Baked Beans Peas	£0.85 free
<b>Desserts</b>	Iced Cornflake Special Fruit Muffins Cornish Cream split Custard	£0.85 £0.85 £0.85 £0.15	Strawberry Mousse Gingerbread Melting Moments Custard	£0.85 £0.85 £0.85 £0.15	Chocolate Crackle Raspberry Buns Flake Macaroon Custard	£0.85 £0.85 £0.85 £0.15	Apple & Caramel Flan Chocolate Brownie Shortcake Custard	£0.85 £0.85 £0.15	Sticky Toffee Pudding Oaty Biscuits Artic Roll Custard	£0.85 £0.85 £0.85 £0.15



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## MENU Week 3 : Autumn / Winter 2018

	Monday		Tuesday		Wednesday		Thursday		Friday	
<b>Main Course</b> <i>v: vegetarian option</i>	Lasagne	£1.50	Minced Beef Bolognaise	£1.50	(Meal deal: All $\circ$ plus $\square$ or $\Delta$ )	£2.60	Sausage & Yorkshire Pudding	£0.40 £0.20	Chicken Tikka	£1.50
	Cheese Pasta $\vee$	£1.30	Fish Cakes	£0.75	Roast Pork $\circ$	£1.70	Turkey Morengo	£1.50	Fish Fingers	£0.40
	Veggie Burger in a Bun	£1.30	Cheese & Onion Flan $\vee$	£1.30	Stuffing $\circ$	£0.40	Tomato & Basil Pasta $\vee$	£1.30	Jacket Potato + Tuna Cheese	£0.95 £0.85
	Jacket Potato + Tuna/cheese	£0.95 £0.85	Jacket Potato + Tuna/cheese	£0.95 £0.85	Chicken Fajitas	£1.50	Jacket Potato + Tuna/cheese	£0.95 £0.85		
					Pork Baguettes	£1.00				
				Veggie Meat Balls $\vee$	£1.30					
				Jacket Potato + Tuna/cheese	£0.95 £0.85					
<b>Carbohydrates</b>	Garlic Bread Potato Wedges	£0.40 £1.25	Baked Beans Mashed Potato	£0.85 £0.65	Roast Potatoes $\square$ Mashed Potato $\Delta$	£1.25 £0.65	Mashed Potato	£0.65	Rice Chips	£0.60 £1.30
<b>Vegetables/ Salad</b>	Sweetcorn Peas	free	Carrots Peas	free	Carrots $\circ$ Broccoli $\circ$	free	Peas Carrots	free	Peas Baked Beans	Free £0.85
<b>Desserts</b>	Orange Biscuit Apple Crumble Iced Cup Cakes Custard	£0.85 £0.85 £0.85 £0.15	Fruit Muffins Chocolate Crunch Lemon Fingers Custard	£0.85 £0.85 £0.85 £0.15	Apple Pie Cherry Scones Swiss Roll Custard	£0.85 £0.85 £0.85 £0.15	Lemon Love Cake Bakewell Tart Chocolate Crackle Custard	£0.85 £0.85 £0.85 £0.15	Syrup Sponge Raspberry Ripple Mousse Cornflour Shorties Custard	£0.85 £0.85 £0.85 £0.85 £0.15

BREAK TIME	
Description	Price
Bacon Sandwich	£1.30
Panini	£1.00
Pizza Slice	£1.30
Toast	£0.40
Toasted Bagel	£0.65

EXTRAS	
Description	Price
Margarine	£0.10
Mayonnaise	£0.10
Tomato Ketchup	£0.10

SANDWICHES	
Code	Price
A	£1.55
B	£1.55
C	£1.75
D	£1.75
E	£1.85
F	£2.00
G	£2.05
H	£2.15
K	£2.25

DRINKS	
Description	Price
Bottled Water 500ml	£0.75
Bottled Water 330ml	£0.60
Rapidz: Lemonade/Cola 300ml	£0.75
Radnor Flavoured Water	£0.75
Milkshake: Banana/Strawberry/Chocolate 200ml	£0.65
Fresh Milk 350ml	£0.70
Fresh Apple Juice	£0.65
Fresh Orange Juice	£0.65
Chilled water from dispenser	<i>free</i>

COLD DESERT OPTIONS	
Description	Price
Fruit, each	£0.40
Fruit salad pot	£1.55
Yoghurt, assorted flavours	£0.75

